

% OF SOUL ENERGY BROUGHT INTO CURRENT LIFE.

Peggy Newton

From: Michael Newton [michaelnewton@suddenlink.net]
Sent: Sunday, October 20, 2013 12:23 PM
To: spiritualregression@yahoogroups.com
Subject: Connecting with our higher Self

Dear Members:

The e-mails of Sylvia and that of Rita a few weeks ago about the % of soul energy brought into a physical life has made me realize that this is a topic we should not leave without a proper wrap up in terms of LBL healing. I feel the subject warrants a few final words.

For those of you who enjoy the challenge of fostering a stronger bond between your client and a given amount of soul energy that they left behind I would like to offer two questions I often asked at the proper time during my sessions. By the way, it did not matter if the spirit world energy was dormant or active with other spiritual projects for each individual.

Question # 1: " Before you departed the spirit world to come into your current body did you—perhaps with the help of your guide—devise the best plan to re-connect with that part of the energy of your higher Self left behind? It could be during stressful or relaxed periods of your life? If it is easier to just say, Yes or No, please start by doing that for me now."

Question # 2: (after a long pause) " If yes, I would like you to tell me what is the most effective means by which you mentally reach out, touch and then connect with your remaining spiritual energy that you did not bring with you into your current life?"

For those who said they were unable to do this, I did have a follow up question that often brought results: " Please mentally speak to your guide and translate for me what this entity has to say about your inability to make such a connection and what we can do to change that situation."

Among a great variety of responses you will hear, prayer, meditation, opening the mind to the sky, reflections in a particular nature setting, etc. These should be explored to determine what was learned and how we can improve on those connections. As a healer for those in an altered state of consciousness you have many therapeutic approaches that can be taken here depending upon the client. Each of you has your own system. The bottom line here is not only the acquisition of greater spiritual knowledge but the integration of that knowledge into your client's day to day life.

All of you know that an LBL session is transformative for your clients. Of course, every client is unique and what works for one client in this area of spiritual energy connections may not for another. The intensity of degree will vary between different personalities and environments. I always felt that one of my primary tasks as a

facilitator was to help the client gain a new appreciation for their existence by the end of an LBL session. I found that when clients are able to connect with their higher spiritual selves this often got to the roots of self-destructive behavior patterns in life. And, after all, when we acquire new positive values about the meaning of life, does this not serve the interests of all humanity?

Sincerely.....Michael

*This is, after all, only temporary
regeneration. We don't keep our
reserve energy.*

*Angry/Sad 50-70% of energy.
Bored 80%
Adrenal 15-30%*

To: TNI ARCHIVES
Subject: % OF SOUL ENERGY BROUGHT INTO A CURRENT LIFE

Sometime in late 2013 we had a rather new TNI member who said on e-group that her client claimed that he had brought 100% of his energy into his current life and left nothing in the spirit world. After waiting until a few other negative comments from our older members were sent out on e-mail I told the newer correspondent that I felt there was much conscious interference in her case, or that he was not deep enough because I had never had a such a case. Apparently, this was also true of other TNI members. Years before, one of my clients gave me metaphor on this topic, "If we brought all our soul energy into the human brain we would blow the circuits." This sentiment was echoed by many other LBL clients.

The more common experience is that the soul did not bring enough for a life and apparently some guides allow these mistakes as learning lessons. I remember a South African client who appeared with me in Joburg on TV show in her country and I asked her to explain why she came to me. She traveled that long distance to the US because essentially she wondered why all her life was a struggle to maintain an "energy focus" on her work. She had even specialized in Reiki to not only help others with energy but herself as well. We found she was a more advanced soul who got cocky after a number of successful lives and only brought 17% into this life.

In our text book, Life Between Lives Hypnotherapy, on pages 135-37 under Soul Energy, I talk about this topic. Over my years of work I had found that the normal soul (Level's I and II) bring between 50% to 70% of their energy into a human brain and this works well for most of them. Beginner souls might bring as much as 80% while advanced souls could bring between 15% and 30%. However, very few people bring under 20%, especially if they had tried it before in earlier lives.

One of the major questions asked by people on this subject is: "During life, if I needed more of my soul energy could I take it from the spirit world back into my body to give me more strength?" The answer is in our text book which says "only temporarily during a severe crises when an infusion of energy rejuvenation is needed." Then it is released back to the spirit world. I think the important thing to keep in mind here is that especially during time in the womb and to a lesser extent in the first year after birth our soul energy is melding with the human brain. This is a very delicate process that creates balance within the two ego's of our mind. Any permanent disruption of this energy balance could cause mental disorders.