

CASES OF SOUL EXPERIENCE ON OTHER WORLDS

INTRODUCTION

During the years of my hypnotherapy practice I had numerous cases involving souls who engaged in inter-dimensional travel. There were also cases of soul experience on mental worlds as well as those incarnating on physical worlds both inside and outside our galaxy. I had clients with associations in both cosmic areas before they came to earth. Typically, once assigned to earth most souls do not return for additional incarnations on other worlds in between their lives here.

My books, especially *Destiny of Souls*, detailed some of these cases. Yet, I had to leave out a number of them from my books because they did not fit properly into certain chapter narratives or were so related in content to others I used that I wanted to avoid a duplication of information. I tried to chose case histories in my books that were most illustrative of the PL and LBL process of soul experience. There were two other factors of case omission from my books. The first was the problem of space constraints but also I felt dwelling too much on the same theme would become tedious for readers, most of whom would never have an LBL experience themselves.

However, at this stage of my life the TNI Archives is another matter. My Archive contributions actually do not involve many case histories because so many concerned e-mail communication on many subjects. With regard to many of my case histories that were never published I must admit that I greatly reduced my case files from offices in Los Angeles to my two houses in Northern California.

With each move there was less room so I could not clutter up my living space with old case files, especially after my books were published. There was also the issue of client privacy that was a concern for me as well over the years. Finally, in my 80s we moved from California to North Carolina to be near family and this move made it necessary to destroy most of what was left which was not all that much at this stage.

After I was settled in a small house in No. Carolina the subject of having a new TNI Archive file came up with a new Director. I had saved a few of my old papers out of nostalgia for the material. Among them was a small unpublished case file about life on other worlds. I decided to include them in our Archive Founder's file. I have not had to rely on memory since these cases were typed up from notes and recordings soon after the time I saw the client. One always has to be careful of memory since memory of what is recalled can be tainted by a rendering of the past from the perspective of the present. This is so true when interviewing clients in PL and LBL as well.

Finally, a word about content regarding soul experience on other worlds. A major concern with case history write ups in LBL is the need for condensation and focus for the therapist/writer. Long pauses, deviations and memory blanks or blocks during the session must be eliminated in writing about the case along with narrative duplication and corrections. This is especially true when the soul is recalling "beyond earth but out of the spirit world memories." In writing up a case the material should unfold evenly for reader comprehension. It is unnecessary to list blocks in the narrative. My own theory about many blocks in LBL is that the restless conscious mind of the hypnosis subject—especially during the early stages of the session—may suffer from an ego identity crises between the current mind and the soul of the subject. In my view the psychoanalyst, Erik Erikson said it best when he wrote, "people may struggle to sustain a sense of personal and historical continuity that impacts their identity."

The solution is finding ways to rearrange and expand the components of one's current personality and temperament with the immortal soul identity is finding ways during the session that allow the client to feel a sense of coherence between the two ego's. This axiom is valuable for the spiritual repressionist to apply to a soul identity newly emerging from the superconscious mind during the LBL session. Over hundreds of cases in my early LBL practice I had to develop techniques with different clients that gave them a foundation of confidence about themselves and the Order that exists within the spirit world. I'm sure each of our LBL therapists does this in their own way. It requires patience and empathy as spiritual understanding grows with the client during the session. In my own case during my early discoveries about the spirit world I had no other information to turn to so my understanding was growing with each client as well. I learned to raise lively questions to encourage meaningful discourse with clients without leading them but there were times in the early days when I slipped in this regard. My

objective was to expand the client's sense of belonging to a cosmic community with behavior patterns of a collective. However, all this information usually does not fit in well with writing up an LBL case in a tight manner.

A few final comments. Most of my clients in the following cases were Level III or above. Once in a while I had a Level II transitioning to Level III who could relate an experience on another world. Another point. Only in rather unusual cases, particularly with advanced souls, does one find a soul who alternates their physical incarnations between earth and other world. Typically, souls who come to earth are either finished with other world experiences or haven't started yet.

In reading these cases it might be useful to review certain pages in my books. Here are a few examples: 1. Explorer souls in DS, pages 344-54. 2. Silver color descriptions of inter-dimensional travelers are listed in DS, page 179. 3. Inter-dimensional travelers, DS, pages 350-54. 4. Shifting realities of time and space by highly advanced souls is described in JS, page 194. 5. For comparative soul evolution to gain perspective see DS, pages 132-33. 6. Travel exit and entry portals, JS, pages 194 and 218. 7. Crystalline enclosures that represent thought enhancement and healing through the balancing of energy in DS, page 91. 8. Harmonizer Souls, DS pages 330-34.

ARCHIVES— —MICHAEL NEWTON

A CASE INVOLVING A LINEAR ARRANGEMENT OF DIMENSIONAL TRAVEL
IN AND OUT OF THE SPIRIT WORLD FOR LESS EXPERIENCED SOULS.

This was a strange case of a Level II soul about ready to transition to Level III. I suspect this rather adventurous soul and his friends are being groomed to specialize in some activity involving exploration but as yet my client could not confirm this thought on my part. I believe that our guides do not reveal all their thoughts to students at this stage of their development to allow for self-discovery. I also get a sense of mischievousness on the part of these souls which is charming but may not last as they develop.

Dr. N: Do you travel to other places out of the spirit world between your lives on earth?

S: (subject) Yes, I guess I'm a traveler because I really like to go to other places when I am not studying— so do a few of my friends. (pause) We like to escape and roam around.

Dr.N: Are you saying you feel confined by the spirit world itself?

S: Oh, no....I don't mean it that way...it's just that we like movement and new experiences.

Dr.N: Okay, let's talk about where you go and what you do. Do you travel to mental or physical worlds.

S: Well, I....could you be more specific....?

Dr.N: This is something I want you to tell me about in your own words but let's start by you explaining if your travels involve both a physical universe and inter-dimensionally ,or do you go to just one of these areas?

S: Both—but there is a difference.

Dr. N: In what way?

S: When I want to re-visit earth or some material world in another physical universe, I move vertically out of the spirit world. If I decide to go inter-dimensionally it is a horizontal movement for me. (pause) It's fun for us to experiment. To be honest, we often don't know what we are doing.....!

Dr.N: Really! Well, my first thought was that a vertical or horizontal line of spiritual travel sounds so linear to me in terms of motion?

S: (long pause) Ah,....it does seem sort of graph-like I guess....maybe I'm not explaining it properly...(shrugs shoulders).

Dr.N: You are doing just fine. Just relax and concentrate on this experience for you and explain it step by step from the moment you decide to take a trip of some sort out of the spirit world. I want to understand the process.

S: (brightens) All I know is that when a couple of us decide to take a break and have an interesting experience we move out of our area (cluster group) and travel straight down a hallway and look for an exit portal on the left. If we want to go inter-dimensionally we go inside and move straight across until we areoutside.

Dr.N: What if you went to the right for your portal?

S: Those are for re-entry.

Dr.N: And does your guide accompany you?

S: (pause) That's the point you see—we want to explore by ourselves. (somewhat chagrined) Ah...we don't always have permission to leave...I mean we might not ask and that is why we get kind of lost but that's part of the fun.

Dr.N: I'm trying to get a handle on your sense of distance between going to another dimension or a physical universe, say like our own group of galaxies?

S: (long pause) The distance between the spirit world and a material, physical universe seems shorter to me than going inter-dimensionally.

Dr.N: Well, since you began by telling me about an inter-dimensional trip that was horizontally out of the spirit world let's continue with that so you can explain what this trip is like?

S: (long pause) I can't describe it very well in spoken words. There are weird shapes...vibrational energy that is light—different from earth...they are like screens...alive with intelligence and we learn things I can't describe...about being light energy ourselves. We seem to travel through different areas divided by...energy zones...separated by filmy screens. They are like doorways. We communicate with the beings who occupy these places.

Dr.N: And do you learn things?

S: Yes. It seems like they can create both living and non-living forms and how different sorts of light and dark energy are used. We learn things about ourselves but most of it is over our heads and now I can't even describe what we learn. Every moment has special meaning.

Dr.N: The forces of nature in a physical setting do not come into play here?

S: No, the anarchy of nature does not exist here. We don't feel so... controlled. There is not the chaos of physical worlds.

Dr.N: Is this place environmentally different than the spirit world?

S: In a way, yes. For me, the spirit world itself seems like living in a suspended vacuum.

Dr.N: I know the element of time may not exist here for you but do these visits last long in earthly terms?

S: That's relative...I want to make it clear that we really don't have an end point—an objective. Someone keeps tabs on us and before too long we are called back.

Dr.N: Explain to me how that works?

S: A powerful beam of energy comes to us and directs us back along a track line to the entry portal back into the spirit world.

Dr.N: You know, this sounds to me rather like you are deep cave explorers who have tether lines attached to the opening of a huge cave?

S: I guess it is sort of like that because there are dark and light spaces on these inter-dimensional lines of travel and this helps us judge our position.

Dr.N: Are you and your friends ever reprimanded for taking off on these excursions?

S: (laughs) Oh, not really as long as we learn things. And, let's face it, the teachers here really can't be fooled.....We are encouraged to take initiative.

While this is a condensed part of my session with this client at the end I could see he was getting tired and so we concluded this aspect of his case.

ARCHIVES—MICHAEL NEWTON

THE CASE OF A WORLD CALLED GANAOWIN

“I remember being on a mental world between lives on Earth. This experience was like actually being a whole planet. We call it Ganaowin. Here those of us (souls) visiting are grounded in one dynamic non-physical form. Almost no physical life on Ganaowin exists except very simple one-cell structures as a species. To an outsider we would appear as fleecy, airy clouds. This is our form here. On Ganaowin I am given the chance to flex my energy muscles with the power of a raw highly intelligent energy form. It is wonderful. I can function by myself or be in telepathic communion with others of my kind. This exercise also allows me to feel the properties of a great or small mass of mental matter without deviation in the overall complete experience of being part of the planet.”

NOTE; This Level IV client could not specifically explain what she was being prepared for but only that her guide said the experience would be beneficial to her progress in the future. When I asked if it was possible that she was not given more information because she was being tested in some way she said, “absolutely, but I’m not supposed to know just yet what the test is for.”

ARCHIVES MICHAEL NEWTON

THE CRYSTAL WORLD

Some 1200 years ago in earth time my subject attained Level III and was transferred out of her original primary group of 12 souls into "a creation program" with 3 others. Her name is Ramina and she is in an independent studies group.

Dr.N: Ramina what is it you do in your creation class?

S: I am up to birds, (then without hesitation) I just finished a Kingfisher.

Dr.N: Tell me the highest level of creation performance by the other two in your group?

S: There is one above me who is just starting to create dogs and one behind my work who has reached the fish stage.

Dr.N: Do you go to any other place outside the spirit world for additional training?

S: You mean where my guide, Feria, is not giving me hands-on instruction?

Dr.N: Yes, exactly.

S: I go alone to the Crystal World for that sort of practice with my energy.

Dr.N: Is this a physical planet in our dimension?

S: No, it is a mental world in another dimension. It is a training area...a place where souls visit to practice but don't live.

Dr.N: Please tell me how this place advances your creation skills, Ramina?

S: Well, the Crystal World is...musical...devoted to the study of harmonics as related to energy. We gain tonal perspective here with the subtlety of vibrations and resonance. (after I ask how) Are you familiar with a piano keyboard?

Dr.N: Yes, but just a little.

S: Think of octaves which are separated by eight notes. On earth, if all the vibrations were contained in one octave, say low C, the Crystal World would also give you the middle and high C ranges to work with.

Dr.N: And, what would this do for your work?

S: (laughs at my lack of understanding) Eventually enable you to create a physical being on a higher order than humans.

Dr.N: Can you tell me what that being would look like at it's capabilities?

S: Oh no, I have no idea because I am so far away from even being able to create primates. I am only trying to explain to you what is possible in the future but at my stage I can only tell you just so much.

Dr.N: You are doing very well. In any case you study harmonics here to improve your manipulation of energy for creation purposes. Have I got that right?

S: Yes, the multiplicity of sound vibrations are divided into intervals for us to play with which are the octaves I told you about. We learn improvisation and transposition.

Clients, especially with a musical background, sometimes explain their energy work in terms of musical instruction with the organization of diatonic extensions that are then fitted into patterns. Evidently, this training assists the student to purify a matrix of different blends of energy elements and then synchronize them into a whole. There is much I don't understand here because my subjects who do this sort of work are either unable or unwilling to explain more. Even so, I do hear much about crystal spaces in the spirit world that have a variety of uses. Apparently, the imagery of a crystal denotes the transference of energy through faceting in order to enhance resonance. The crystal metaphor must also apply to thought concentration and intuitive analysis. (i.e. "After death, I go to my crystal cave to consider my past life and heal before rejoining my group)."

THE CASE OF A WORLD CALLED JUNCONSTON

As I mentioned in my Introduction the normal experience with hybrid souls on earth is that after leaving another planet to come to earth they do not go back and forth between lives here but rather finish their time incarnating on earth. Most of my clients would say: "Otherwise, it would be too confusing with conflicting experiences." The next two unusual cases for the Archives are of dual physical incarnations between earth and another planet. I want to make it clear, however, that the two subjects portrayed in these cases did not go to these worlds before their first incarnations on earth but use them between lives here for what I would call rest and recreation. Yet, they are not just visiting. They complete their incarnations before returning back to the spirit world and then to earth again. Thus, we must consider them hybrid souls.

The first case involves a physical planet called, Junconston. My client described it as smaller than earth and rather stark but with sufficient water. This world has three suns, two of which are far away from the planet and its primary sun. Life here is strange compared to earth because it is almost always daytime and hot. About once every 3.5 years the three suns align on one side of the planet to produce a single night. The humanoid creatures who live here are advanced but Junconston is a non-tech world with no space travel. The comparisons to earth formed the basis for the series of questions posed for this report.

Dr.N: Why do you and other members of your soul group like to come to Junconston between your lives on earth?

S: (sighs) It is quiet and restful here—a place of peace. We call it , the Place of the Joining....in a physical way.

Dr.N: Well, you join with other people on earth, don't you?

S: Junconston is different. The population is low and everyone is completely united physically and mentally which makes life very refreshing after an earth experience. There is no tension or hardship here.

Dr.N: I would like you to describe what you look like and why the population is low on this planet.

S: On Junconston we are small, our average height is about four feet tall. We are thin with small heads and big ears (laughs) and our eyesight is not so great either due to the brilliance of the place, but our hearing is very acute. We don't breed much and have short lives compared to earth.

Dr.N: What is the average life span compared to an earth life?

S: (pause) About 20 to 25 years.

Dr.N: That isn't much time to learn during a physical incarnation is it?

S: You must not judge other places by earthly standards. That's plenty of time on Junconston because we are so focused. Also, this means we only take a short break between our lives on earth.

Dr.N: Can you tell me why it is necessary for your group to go to Junconston at all then?

S: Korga (subject's guide) sends us there because they are such a wise and gentle people. I was a gardener in my last life on Junconston but I went there for reinforcement on how to be more responsible for myself in another physical existence...and to be more connected to other people. (a pause) You know, to make better use of my time. To be productive and happy.

Dr.N: Please describe to me how this was accomplished?

S: (with enthusiasm) On Junconston no one has any fear of anyone else or the unknown. When I go to a village elder they can tell me what I need to learn about myself growing up and I accept it and act upon it. It is a simple society without conflict because there is some degree of mental telepathy involved.

Dr.N: compare this sort of life with your experience incarnating on earth.

3.

S: Because understanding and acceptance seems so universal on Junconston. You only have to be told once about something that would be helpful to you and then you accept it. On earth good advice has to be pounded into your head. It seems to be a characteristic of the human brain to continue to repeat the same mistakes.

Dr.N: What is the one major difference between Junconston and earth that would facilitate what you have told me?

S: That's easy. The lack of fear.

Dr.N: But could it not be said that the human mind questions everything continually in order to better evaluate the consequences?

S: Sure, that's the human brain all right and it all adds to the stress level on earth. My problem—and that of my friends in the spirit world—is that we have a hard time accepting things so we drag our feet a lot.

Dr.N: Well...look, if Junconston is such a great place to incarnate why don't you just tell Korga you want to go there exclusively for your physical lives. Wouldn't that be tempting?

S: (laughs) You think I can just order Korga around as I like? Earth is a tougher planet to survive but me and my group are assigned here because we benefit from the challenges. Relationships between people is harder and there are such things as competition to deal with in an earth life. (pause) We all know that once you accept the hard knocks of life and learn to deal with your lessons in a constructive way the stubborn earth body makes you very strong.

Dr.N: (talking more to myself than the client) Mmm, it's strange to me that that life is so short on this peaceful world compared to earth? It's so beneficial.

S: That's the whole idea. We can go to Junconston to rest from earth for a short while so we won't become too attached to this place. All the guides in the spirit world have different teaching styles and this is Korga's.

Dr.N: So, your primary world for physical life is on earth?

S: Yes, the peaceful setting on Junconston gives us hope for a better future on earth. What earth could be if we all got our act together. I guess a part of our

human mind may retain this belief and that gives us courage. I need to accept the imperfectness of life on earth and work to make it better. We all do in our group.

I learned from this client that Junconston is a transition world between the amnesic blocks with earth bodies and having bodies which are partially or fully telepathic. The Junconston mind also has a much greater knowledge of their immortality on a conscious level than exists right now in human bodies. I questioned this subject further about the dimensional relationship of earth to a world like Junconston.

S: Both physical and mental dimensions are aligned more by what they can teach the soul rather than in any physical sense. You can easily reach them all from the spirit world. If earth is on one rung of a ladder, Junconston is on a higher step. All world's provide stepping stones to some form of knowledge.

Dr.N: So physical worlds exist which are even higher than Junconston in terms of the knowledge they can provide the soul?

S: Yes, they are further up the ladder of enlightenment but you must progress from one reality to another without skipping over any rungs of the ladder.

Dr.N: Do you feel different realities co-exist between advanced worlds in different dimensions and ones which are not so advanced such as earth?

S: Yes, different dimensions can be fitted within each other as well as be separated.

Dr.N: Do you know if a higher or lower reality consists within earth's dimensional sphere?

S: Well...Junconston and Earth would be one example but I'm not far enough advanced to know all the ramifications of your question. What I know from communicating with other soul groups is that dimensional spheres can interrelate because there are souls who can be in a lower dimensional reality who are able to distinguish a higher one close by because they are able to block out all the negative counterproductive influences in the lower dimensional spheres. They can detract from your mission.

Dr.N: I have heard of advanced souls on earth who are called the Watchers.

S: Yes, and they have the ability to cross over. I am far from being able to do this now. I come to earth in this one reality to try and do my job. When I can learn to accept the negative influences on earth such as environmental destruction, materialism and cruelty and conquer my fears of these negative influences I'll be on my way.

ARCHIVES MICHAEL NEWTON

THE CASE OF A WORLD CALLED PLETHIAN

In the previous case I was told about the world of Junconston being one in which souls could take a short rest break from their regular earthly incarnations. The break was brief because the average life span was under 25 earth years. In this case of a world called Plethian just the opposite is true and it is a real anomaly. It is a contrast in such a radical way there is perspective to be gained with such a case. On Plethian souls live such a long time in their host bodies this causes an incarnation on earth to be relatively short, close to one third in earth years. In no way can Plethian be considered a short rest break from earth so the anomaly is the fact that there are clearly two incarnations on two worlds for this soul out of the spirit world in one cycle. Yet, as the case unfolds we will see that perhaps the delineation is not so clearly defined because Plethian is not her primary world despite the long incarnations in earthly years.

Like Junconston, the world of Plethian is a gentle world without social hostility. The passages which follow about Plethian came from a client who is less advanced than my previous case. She is twice divorced in her current life on earth and not a happy camper. She is continually frustrated in this life on earth by people who do not support each other. In her words, "Betrayal of my trust has been an issue all my life and in other lives on earth." The result has been a tendency to insulate herself from being hurt. This lack of integration has caused a restriction in her growth potential in her current life and in the past. Following her last life here as a poor young man in England in the 17th century she was very angry in front of her Council and cried out, "What is the point of these stupid earth lives where hardship forms the basis of all lessons." As we know as LBL therapists, often the client is able to present current thoughts when they review their Council during a spirit world report about a past life. I questioned her about this outburst which lead to the information about Plethian.

Dr.N: Why are you so upset with your Council when you know that by overcoming hardship we grow strong.

S: Oh, I know that is the general assumption but it does not work with me. There is too much emotional pain. I am sick of it because I am going through the same thing again in this life. Dealing with people who are mean, hostile and indifferent to the plight of others.

Dr.N: Yes, but many in our population are not as you have described.

S: Well...I suppose...but not with me. Whenever I come here (to earth) there is unhappiness for me. Why should I come to such a coarse, brutal place?

Dr.N: In reviewing your past lives I notice you don't come here very much. I see that your incarnations to earth are always at least 300 earth years apart.

S: (laughs) And, do you think that is by accident?

Dr.N: (cautiously) Does this mean you spend a great amount of time between earthly incarnations in the spirit world working on your lessons?

S: (with gallows humor) Oh...some of the time but mostly I like to simply be a Plethian. (then forcefully) Now, there you are given something to work with for personal growth.

Dr.N: I'm not sure I understand. Is this another world besides earth where you go for physical incarnations between your lives here?

S: Yes, and I love Plethian.

Dr.N: So, it is a physical planet then?

S: Ahh...well...not exactly. We are not fully physical as on earth.

Dr.N: Please explain this to me.

S: That's kind of hard to explain...nothing is dense, like earth...the most solid thing is water. I would say that Plethian is a planet of ...vapors.

Dr.N: Let's start by you telling me about a sun near Plethian.

S: That's the thing you see, it is not near. We live in a world of shadows... gas...mist. It is very cold compared to earth. Everything is deep violet. (then quickly) But it is so quiet and beautiful.

Dr.N: Describe where you live on this world?

S: (after a long pause) I don't know how else to say this, but we live on... lily pads...sprinkled around...they are very large and the long stems that go from the pads down into the liquid mass below are...us.

Dr.N: You live underwater?

S: Well...both in and out of the water.

Dr.N: Please describe what you look like in a Plethian body?

S: Long string beans...as adults we are all between 8 and 10 feet. I would say we look like...translucent reeds. Kind of rubbery...

Dr.N: Do you incarnate on this world mostly as one gender?

S: It is not so defined as on earth. We are both male and female. The genderless quality about us...brings serenity.

Dr.N: Could you say something more about this quality on Plethian.

S: One thing that stands out in my mind is that the genderless quality causes the male aspect to be like females on earth and the female aspects are more female than on earth.

Dr.N: (open ended question)The genderless quality seems very important to you?

S: (subject begins to sob and I let her get it all out before continuing). It is important because it brings such unity for everyone on Plethian. We are the highest order of life here but there is such...gentleness to everyone. We all care so much about each other. There is a softness to our bodies and our mentality which produces such kindness...I can not begin to describe it...

Dr.N: So, you really love this place. How long does a life last here?

S: Oh, I can not begin to tell you how much I miss Plethian. We are blessed with long lives compared to earth. Some...250 years.

Dr.N: And during that time what is your life like?

S: Very simple, but profound as well. We discuss all the possibilities of ... feeling...supporting each other through full telepathic communication. We can also make scraping noises with body movement that telegraphs ideas. I really am unable to put this into words.

Dr.N: Yet, despite your love of this world and the fact you seem to thrive in it, the Council feel earthly incarnations are a good contrast in growth for you?

S: (voice trails off) I know...but it is so hard on earth. I know it will eventually benefit me when I can get it right.

Dr.N: Which world, Earth or Plethian, did you start on your incarnations?

S: Earth—and I was fighting so hard between lives not to come back here that my spirit world leaders allowed for a compromise.

Dr.N: Can I assume from your statement that earth is your primary world to learn lessons, despite the life cycle differences with Plethian?

S: Unfortunately, yes. This has been indicated to me.

I think I can safely say that my client gained a great deal of understanding from her session as to why she has such a yearning to bond with the people she knows. I asked her if anyone she knew on Plethian is with her on earth today and she just exploded with joy by answering her sister, Joanne. I began some counseling in behavior modification starting with that knowledge after the session ended. I feel her report in trance has given her greater insight as to why she believes the aching feeling exists that so many people don't relate to her here as on Plethian. This case is another piece of convincing evidence that guides direct their students to LBL sessions on earth. After we were finished her attitude about life here had softened and she understand that much of her problem was her own fault. I suggested that her soul went to Plethian almost as a temporary refuge from earth and that this gift from her Council would probably not last. She eventually agreed that this was probably true.

THE CASE OF A WORLD CALLED URA

For my final case of souls with experience on other worlds I want to strike a balance that is more typical with LBL clients. In this case my subject is about finished with his incarnations on earth and is ready to really work on his specialization in a more advanced fashion. I began this series of soul experience on other worlds with a case of two less experienced souls experimenting with leaving the spirit world on travel jaunts that were rather brief. Then we progressed with more advanced souls getting experience on both mental and physical worlds and even a combination of the two. When I use the word progression it means movement to more advanced worlds by souls. For example, the world called Junconston was not as advanced as the world of Plethian. However, the world of Ura is quite advanced. I will explain more about these factors in my Conclusions.

The spiritual name of the soul I am going to write about is Soth and he is a Level V who will leave his earth training in the not too distant future. His speciality appears to be that of a Harmonizer and for more advanced training he will work on a world called, Ura. The path souls travel depends on their speciality and the assignments in the early stages away from earth depends not only upon their abilities and aptitude but their interest as well. I have learned over the years that our guides and Council often don't reveal their full plan for their students until after an extensive testing period. I have noticed that more advanced souls on earth often are given assignments between lives on various types of worlds in a higher stage of development than earth to allow teachers to evaluate performance and suitability for a speciality. How a more advanced soul on earth adapts to a new set of environmental conditions not only assists that soul's teachers but is a benefit to the soul to learn what they really want to do.

The soulmate of Soth is Alsa and they have been bonded in quite a number of lives on earth but she had now moved a little ahead of him with her advancement although she is in the same Independent Studies group between lives here. I will open the dialogue with references Soth has made about Alsa.

Dr.N: Soth, you have told me that after your last life on earth to traveled to a mental world called, Ura. Would you explain the circumstances of that experience?

S: (pause) I have a close friend in my group. Her name is Alsa and she is a little ahead of me but we have the same interests. She is very centered in everything she does. Between my last life and current life she came to me in the spirit world and explained that recently she had been traveling to a place that would be beneficial to both of us as a team.

Dr.N: Please describe this place.

S: Ura is a very bright world. The light is profound...

Dr.N: Before we get into that, is Ura in our physical universe?

S: No, it is in another dimension.

Dr.N: Does it take longer for you to travel there from the spirit world than when you come to earth?

S: No.

Dr.N: Is Ura a physical world with a landscape?

S: Ah...it's hard for me to describe...it has a core I think...but I don't see anything but all the bright light. I never go to any surface if that's what you mean.

Dr.N: Should I assume then it is a mental world?

S: (pause) You could say that—-what we do is mental.

Dr.N: Well, before we get into that, do you have some kind of physical form when you are on Ura?

S: Not really—we are light forms—but we have a round shape with a few tiny facial features—we are translucent. I'm having trouble recalling all the details.

Dr.N: You are doing just fine. It is not always easy to talk about our mental experiences on other worlds. What else can you tell me about Ura?

S: I don't think it is ever dark. It is just bright and quiet.

Dr.N: Fine. Now explain to me the relevant facts about when you went to Ura and what happened to you there.

S: When Alsa first explained to me about her experience on Ura she wanted me to know that the preparations before going there would involve a great deal of concentration. The inhabitants (laughs)...round blobs...don't have raw exposed emotions like on earth. Thoughts are compartmentalized in such a way that they can direct ideas like beams of light around the whole world.

Dr.N: How do you know who is who with communication?

S: The beams are like fingerprints of identity. (as an afterthought) By the way, there is no suffering. Ura is a world of total harmony.

Dr.N: This sounds like a great contrast to earth. Was this a problem for you on Ura?

S: Alsa was a big help. She and our guide, Hinn, had to work with me to shed...my earth skin...it's difficult. She had only been to Ura once before me.

Dr.N: Please explain.

S: I think Hinn chose her to go first because she is so focused. Hinn wanted my first experience to be productive. It is required that you completely strip all of earthy negative energy and just keep the positive. For Ura to be effective you must be...cleansed.

Dr. N: Now, Soth how is this possible. You have advanced to the point of your being able to go to Ura because of your earthly experiences, good and bad. Isn't that true?

S: Yes, but what I am saying is that any negative baggage must be put aside and contained for the trip to Ura. This takes mental strength and concentration for the harmony of Ura to be effective for learning. You don't forget your past negative experiences like suffering but you allow the positive aspects

of your past to navigate all the positive beams of thought around you on Ura. This can be tiring at the beginning.

Dr.N: Give me a sense of the communication on Ura between beings.

S: (after a long pause) We study the contrasts of intelligent energy. It is like taking a course in electromagnetic communication to study how the forces of energy effect behavior—especially on physical worlds. You learn how this energy ebbs and flows—pushing and pulling. If we are from earth we study how these forces effect the human mind but also of many intelligent living creatures in the cosmos. We study the causes and effects and how the patterns of positive and negative energy impact the minds of others and in the beginning I only work with human minds.

Dr.N: And does working with this energy in a pure form give you insight as to behavior and the process of decision making on earth?

S: Yes, and that is enough for me on my first visit. But I returned to the spirit world with invigorated power.

Dr.N: And what do you see for your future?

S: I have a little more work on earth but in the future Alsa and I will be working together to bring more harmony into intelligent beings. We may start with earth but...I don't know...we may be sent someplace else but hope we will always be together.

From this narrative and other information in the case I have the strong sense that Soth will specialize as a Harmonizer Soul working to restore disrupted energy both on earth and elsewhere. The basis for their work is to balance positive and negative energy vibrations to bring greater unification to earth and other worlds like our own.

CONCLUSION TO CASES OF SOUL EXPERIENCE ON OTHER WORLDS.

CONCLUSION

The six cases I have presented in this section show there is no set formula for training souls from the spirit world in terms of travel. As a practical matter, it might be helpful for LBL researchers to review the four general types of souls listed in DS, pages 315-16. During the LBL session it is always wise to proceed slowly and let scenes unfold naturally when clients say they are moving to the Intermediate levels, are nearing the end of their incarnations on earth, or traveling to other places out of the spirit world between lives.

Client reports will vary as the subject searches their soul mind for memories about being given more responsibility that may or may not include trips to other physical and mental worlds in our universe or different dimensions. Sometimes the transitions are gradual while for other souls movement may seem to them to be abrupt. Uncertainty as to the reasons behind spiritual decisions can sometimes be resolved by an interview with the client's guide during the LBL session. During my own LBL practice, particularly with advanced souls, I would always try and get a handle of any client interest in a specific specialization.

I hope the six cases I have listed in this section will give LBL therapists perspective about the teaching methods of our mentors in the spirit world. From my own surveys with clients who have and many incarnations on earth I have come to the conclusion that advanced spiritual training is designed for the human soul and their stage of development. If advanced training involves exposure to mental and physical worlds sometimes there can be a combination of both types as I have shown with the Junconston case. There are always reasons why earthly souls are being sent to these places, although they may go in groups, even if it is just to rest from incarnations on earth with a peaceful experience. Even so, a hallmark of the spirit world is that all decisions are by design.

It can be seen from the cases I have presented with regard to soul travel that there are reasons why we are exposed to worlds that are less culturally harsh than earth. The minds of other host bodies are comparable with the intelligence of the human soul but more evolved. By comparable I mean the ability to understand the process of life by a soul with human experience. These

assignments are not by accident. While the geographic topography of other worlds may be quite different than earth this accounts more for an increase or decrease in technology rather than intellectual capacity. A soul with missions to earth still uncompleted is not going to be sent someplace that is so mentally complex as to be out of reach as a training area. One client guide told me: "Your environment on worlds where we send you is a reflection of who you are as a soul."

This is a good point in my conclusions to discuss telepathy. I have said in my books that I feel that everything on earth and other worlds is connected by thought waves to and from the spirit world. This includes other dimensions as well. It does appear logical that for universal order and planning to exist it must come from a core—the spirit world. In DS, on page 255 I discuss telepathy within the spirit world itself.

Telepathy does not have to exist on all physical worlds more advanced than earth, say a high tech world even with space travel capabilities. However, the potential for telepathy may be present. For example, we already have a rudimentary form of telepathy on our planet. There are people here who can demonstrate this "sixth sense." We may all possess this capability but don't yet know how to tap into the skill of telepathy.

There are worlds where only telepathy "images" are transmitted. Some may have beings who can display basically a range of emotions while other worlds have creatures who are capable of transmitting a complex concentration of thoughts and ideas. I have come to believe that there are different degrees of telepathic use of thought transmission between worlds. This is a difficult area to research since we would need one subject with experience on many different worlds to compare them. While I did not include all my dialogue with the Junconston case, telepathy was limited to areas where the inhabitants were congregated, not over the entire world such as Plethian.

It is my hope for the future that the Archives for TNI will have many cases for study that will give us a pattern for human soul development. This research will add to our knowledge about techniques in training used by our spiritual masters to further our enlightenment.