

-LBL

SUGGESTIONS FOR OPENING REMARKS FOR RADIO SHOWS/ LECTURES.

The following statements were developed by Dr. Michael Newton over a long period of interacting with the public on radio shows, lectures, clients, etc. They are shown here with the hope they may prove helpful to members of the Newton Institute.

It is important for you to understand that I am not trying to convince anyone of my truths. I would suggest that you take what I have to say that resonates with your own belief system and discard the rest. When I began my work I was a spiritual skeptic and it took years of hypnotherapy research with the soul-mind of clients who were consistent with reports about their experience with the afterlife that convinced me that what they had to say had validity. Today, I am still not a religious person because I am not attracted to organized religion but I hope I am spiritual.

Hypnosis is basically a study of human behavior. How strict a position you want to take on adequate scientific proof or rules of evidence in this field depends upon your willingness to accept or reject self-reports from the unconscious mind and data. It can not be proved or disproved by traditional science. Each of you have your own truths and are the center of your own wisdom. You don't need scientists, guru's or messiah's to tell you how to think and what to believe. Certified LBL hypnotherapists in the Newton Institute are simply messengers of ideas. We will give you a great deal of information to study about what happens after death based upon our experience and then what you chose to do about this data is up to you.

One of our greatest fears is the dread of death. Even more than the pain we might feel at the time of death is the conception by many people that death represents oblivion and a nothingness of further thought. This would mean the end of our personhood. The mystery of death makes life more precious so we fight hard against death, as we should, because we think the process threatens our personal identity. We fear leaving the known and going into the unknown.

I want you all to know that while I am not religious I respect the beliefs of people because a belief in a power greater than ourselves gives a spiritual sustenance in life. I do know that sometimes the most fearful people as death approaches are those who profess to be very religious. This suggests to me a lack of conviction. On the other hand the atheists and agnostics among us may have their own doubts near the end of life.

I have a list of four progressive stages of fear and denial for non-spiritual people:

- 1) There is no reason for our being here. It is just wishful thinking to believe we are anything but accidents of nature.
- 2) If we do have souls, we come here once and are then dumped and forgotten.
- 3) I want to believe I will live on as a soul and that someone cares about me but I see no evidence of this anywhere on earth.

- 4) I believe I have a soul but since I can't meet the standards of heaven I will probably go to some hell or purgatory anyway.

When I am finished discussing the subject of life between lives I hope to provide you all with a new perspective about our immortality and purpose for being here.

Michael Newton