

michael newton

To: TNI Archives
Subject: THE SOUL SELF VS. A HUMAN BRAIN

How many times has a client come to you with variations of the following statement: "I have so many problems that I seem unable to solve in life I really don't know who I am." One of the most important tasks of an LBL session is exploring the true soul identity of the client. This means that once the true soul self is uncovered the LBL facilitator must look to the nature of the personality of the client to see how this dual aspect of the body has melded and the karmic reasons why the current body-brain was selected in the in the first place. A visit to the life selection room is a significant follow up to confirm what has been uncovered.

In my early days as a Counseling Psychologist I worked primarily in behavior modification with clients in distress. This was very traditional counseling but I added formal studies in hypnotherapy under private instructors to my practice in the late 1950s. I did this because I was motivated by a desire to probe the memories of clients who had been psychologically affected by childhood trauma. I should also add that my early practice included academic counseling, career counseling and chemical dependency issues. Later, I was to specialize only in age regression hypnosis. I mention this background because I believe all PL and LBL students who do not have academic exposure to psychology should at least take some counseling courses. This knowledge will be invaluable in your LBL practice, particularly in dealing with the human "self" that include thoughts, memories, or perceptions. Please understand I am not talking about mental disorders with people who should be under the care of licensed Psychiatrists, Clinical Psychologists and Clinical Social Workers.

May I suggest, especially with new students in LBL, that it would be wise to re-read what I have to say about Body-Soul partnerships in Destiny of Souls, pages 384-94 that include case examples. During my SSR and TNI teaching years when I came to the subject of life selection before a new incarnation I always discussed the soul-brain connection using the blackboard. What I wrote for new LBL students was the following equation: THE IMMORTAL SOUL CHARACTER + EMOTIONAL BODY TEMPERMANT AND COGNITIVE BRAIN= A TEMPORARY PERSONALITY. This formula takes both the neurological aspects of a physical body and cognitive expression from the brain in combination with the immortal soul-self to give us the development of a single personality for one lifetime that begins with an infant at birth. Working with this formula in LBL practice hopefully provides the client with a true identity.

Each body in each life is different for the soul and there are always two ego identities at work in every body. We have our biological ego and spiritual (I don't mean religious) ego.

Both are expressed through a unique personality for one lifetime. A soul grows and develops but change usually takes place over many lifetimes with a variety of bodies. Is one ego dominant over another in the same body to create who we are? This question must be answered with each client. For example, a soul inclined towards an urge to dominate or control others from former lives, or having a need for self-indulgence, may be comfortable with a human body disposed toward aggressive behavior in their emotional temperament and need for self-gratification. This might be the easier body choice, although volatile, and not the greatest challenge in a body choice for a soul in the life selection room but our guides in this space give us options depending upon our inclinations for certain choices.

On the other hand, I feel it is more common in the life selection room for souls to work in opposition rather than in conjunction with human brain chemistry. In this way both ego's gain from the association. Between life evaluations involve much introspection on the part of souls, especially those who want to develop as quickly as possible. Another instance might be that a low energy, passive soul could chose a highly emotional, restless body in order to combat a natural inclination to being fearful and indecisive. Here the mixture could also be volatile with a push me-pull you force that might make for a harder life. The other side of the coin here is a tranquil soul mixed with the same sort of low key, unemotional body system can make for a quiet personality. So much depends of the karmic objectives of a soul in any life time.

I believe three "I's", are guideposts of soul recognition on a conscious level: 1) Intuition, 2) Insight and 3) Imagination. I know this is painting a complicated issue with a broad brush and does not include such variables as conscience but I have found it helpful with clients. Also, a high or low I.Q. is a cognitive brain characteristic and not a guide to the soul. However, a particular talent, such as music, might well be influenced by a soul. Of course, past life karma must always be a consideration for an investigating LBL therapist as to why certain body choices were made. If in a past life a soul was conjoined with a body that inflicted pain and suffering on others and wished to repay this debt it might choose to join with a damaged physical body to bring the soul into an expanded area of understanding. People say Hitler was an old soul. I don't believe it. It is more likely he had a young, undeveloped soul who was unable to influence his twisted mind. Certain bodies have a pre-disposition to abnormal brain chemistry with imbalances in their central nervous system or they could have been emotionally and physically abused as children with lasting effects. These conditions are real trials for a soul and souls can return to the spirit world with contaminated energy after exposure to difficult bodies.

It does not matter if we are offered an athletic body or one confined to a wheelchair, because nothing prominent seems to be a matter of "luck" or an accident. Our bodies are about the soul achieving certain karmic goals. Some people have told me that this concept looks to them like souls are just "using" human bodies but I try and explain that it is a mutual

partnership and many people in deep hypnosis tell me that when their soul joined their bodies it was like welcoming a companion that will enrich their lives. I have a philosophy here that has proved valuable in LBL counseling. "We don't need to change who we are, rather we must recognize and change our negative reactions to life experience that include non-positive behavior and belief systems." I used to explain to clients in distress that we must change that which doesn't work for us and take the position that who we are and what we do is our own responsibility. Bad events that happen to us in life may not be accidental to our growth, but only a true pessimist sees them as a permanent detriment to our personality and behavior. If our soul did not have any power to learn and grow from bad situations on earth they would not be here in human bodies.

BODY-SOUL CONNECTION, BY MICHAEL NEWTON

THE PERSONALITY EGO RESTS ON A FOUNDATION OF SOMATIC (BODILY) HUMAN BRAIN AND WHAT JUNG CALLED THE PSYCHIC—THAT IS THE SOUL.

THUS OUR PERSONALITY IS A COMBINATION OF THE HUMAN SELF—THE BRAIN AND THE SOUL SELF. THESE TWO EGO'S MAKE UP THE DUAL NATURE OF THE HUMAN MIND.

EACH OF THESE TWO EGO'S IS MULTILAYERED PARTIALLY IN THE CONSCIOUS BUT MOSTLY IN THE UNCONSCIOUS BUT IT THE IMMORTAL SOUL EGO THAT IS LARGELY HIDDEN FROM THE CONSCIOUS MIND. HYPNOSIS CAN EXPOSE BOTH EGO'S SO THAT WE CAN EXAMINE HOW THEY INTERACT WITH EACH OTHER IN ONE PERSONALITY IN ONE LIFETIME.

FRANKLY, IT IS IMPOSSIBLE TO KNOW EXACTLY HOW THE PSYCHIC SOUL SELF AND THE SOMATIC HUMAN BRAIN INFLUENCE EACH OTHER DURING A LIFETIME BECAUSE THERE IS A DIVINE CONNECTION HERE.

WHAT WE CAN STUDY IN DEEP HYPNOSIS, TO SOME EXTENT, IS HOW A SOUL HAS INTERACTED WITH OTHER BRAINS IN OTHER PAST LIFE BODIES THAT WILL GIVE US A PATTERN OF BEHAVIOR IN DIFFERENT SETTINGS. FROM THESE STUDIES WITH A CLIENT WE MAY BE ABLE TO DRAW SOME GENERAL CONCLUSIONS AS TO HOW A CLIENT'S SOUL MAY INFLUENCE SOME DECISION MAKING IN A CURRENT LIFE.

THIS PROCESS OF SOUL DISCOVERY MIGHT BE CALLED PSYCHIC PERCEPTION. EVALUATING THE DUALITY OF THE HUMAN MIND CAN GIVE US AN UNDERSTANDING OF THE CLIENT'S PERSONALITY THAT HELPS IN DETERMINING BOTH CURRENT IDENTITY BUT ALSO THE VOLITION OF THE CLIENT IN MEETING CHALLENGES IN LIFE.

THE DEGREE OF ADVANCEMENT OF A SOUL WITH THE BIOLOGICAL HUMAN BRAIN CAN BE DETERMINED BY HOW MUCH INFLUENCE IT HAS IN TERMS OF INTELLIGENT ACTIONS. NOTICE I DID NOT SAY CONTROL BY THE SOUL. DUALITY IS A MUTUAL PARTNERSHIP AT IT'S BEST IN TERMS OF PROCESSING INFORMATION. A DISTURBED, HIGHLY EMOTIONAL HUMAN BRAIN CAN OVERRIDE THE BEST INTENTIONS OF A SOUL.

BUT WHEN WE EXAMINE THE PAST LIVES OF A SOUL THAT NOW RESIDES IN OUR CLIENT'S MIND WE CAN SEE HOW EACH BODY AND PERSONALITY HANDLES CONFLICT, ANGUISH, SORROW IN ADDITION TO PLEASURE. IT IS THROUGH PROBLEM-SOLVING AND RESOLUTION WITH EACH PRIOR BODY THAT WE CAN SEE THE REAL DEVELOPMENT OF A SOUL. THE COLLISIONS BETWEEN BODY AND SOUL ON ANY ISSUE WITHIN ONE TIME LINE ALLOW US TO CHECK RESPONSES AND RESOLUTIONS.

THE MORE ADVANCED SOUL DEMONSTRATES A MORE POWERFUL
INNER COHERENCE AND THUS WHOLENESS OF PERSONALITY IN ONE
LIFETIME PAST OR PRESENT. ALSO, PROGRESSION DOES NOT ALWAYS
HAVE A POSITIVE FORWARD MOVEMENT IN EACH LIFE FOR THE SOUL.