

michael newton

To:

TNI Archives

Subject:

QUESTION: WHY HASN'T LBL BEEN REVEALED BEFORE YOUR DISCOVERY IN 1968?

At lectures, book signings, on radio shows and in interviews starting after my first book was published in 1994 I was often asked why the spirit world had not been revealed before my work by some hypnotist? This is a fair question and goes to the issue of why someone had not discovered our life between lives before me? In other position papers I have also tried to lay out reasons why the information about our spiritual life did not become public until near the end of the 20th century. Therefore, this paper will focus just on the timing of my discoveries related to other hypnotherapists.

1. While I began my research from general hypnosis to past lives around 1960 I did not discover life between lives until 1968. It was then I closed my practice to all but LBL cases and began my years of intense research. I was fortunate to live in Los Angeles a city of some ten million people to draw upon at the time. I talked to no one but my clients and this excluded public appearances and written material. I even stayed out of bookstores with metaphysical sections concerning spirituality. Later, when my colleagues complained that I should have shared my discoveries with them right from the beginning I said that I did not want to be influenced by anyone else in the hypnosis community while I was doing my own research. There was a neuropsychiatrist in Canada by the name of Dr. Joel Witton who was primarily interested in children's brain waves as an area of research. He wrote a book, with the collaboration of a metaphysical writer, in 1988 called: Life Between Life. It was skimpy in detail because he only used some 25 cases. It was also rushed into print and Dr. Witton did not further pursue this area of hypnosis. When I learned of the book I decided that I had better start pulling my own decades of research into a book myself that was more accurate and detailed. This would take some five years before Journey of Souls was published in 1994.

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2. Even today, years after my books have been published and an organization formed that trains other hypnotherapists in LBL, we find some hypnosis practitioners who still believe that while past lives is viable, the area between lives is only a gray limbo of no consequence. Of course, the traditional hypnotist does not touch PL or LBL. Back in the 1980's this thinking was prevalent in the entire hypnosis community where even past life therapists would move clients from one life to the next and skip over their spiritual existence between lives.

3. Without proper training, hypnosis people do not know the trigger words or procedures to use to bring their subjects into a superconscious theta state of deep hypnosis for spirit recall. While my textbook, Life Between Lives Hypnotherapy is a great help to LBL students in training, without our staff of lecturers coordinating this information, the text is really not enough by itself to make for a proficient practitioner of LBL. Of course, no such book existed on the market before 2004 about ten years after my first book.

4. My discovery came about because I found the best way into the spirit world during hypnosis began after a former life and not directly from this life. There must also be advanced conditioning into the superconscious soul mind which does not involve giving pre-suggestions as to what the client will see or leading the client.

5. The subject has to be told it is alright to talk about the spirit world because this information is often blocked by amnesia from the time of birth. He or she has to actually be given permission to speak about their spiritual life even as they enter a spiritual realm because it is sacred to them. They have to know the information will be of benefit to themselves and others. Sometimes a guide's permission is needed.

6. My research involved many years with clients who gave me bits and pieces of data before I could put a model of the spirit world together properly in a structure. Hundreds of cases were necessary to do this because no one person can recall all of what can be read in my books about life between lives. I began my constructing "stations" in the spirit world that a newly arrived soul moves through. Thus, it was the evolution of spiritual data over a number of years that lead me to a better means of eliciting the foundations of information we use today in our LBL methodology.