

Peggy Newton

From: Peter Smith [peter.smith@westnet.com.au]

Sent: Wednesday, October 23, 2013 4:47 PM

To: Michael Newton

Subject: Re: Hypnosis with children and adolescents

HYPNOSIS WITH CHILDREN AND YOUNG PEOPLE, WHILE WE HAVE NO CONTROL OVER P.L. (PEOPLE IN OUR LBL TRAINING ALREADY HAVE THIS BACKGROUND) WE ARE RESPONSIBLE FOR LBL. I DO SAY IN MY FIRST BOOK THAT I DO NOT THINK LBL IS APPROPRIATE FOR PEOPLE UNDER 30 Years Ag.

Dear Michael,

Been trying to call last hour or so

I have a few thought to share, though I can't seem to get through by phone. I'm getting some message that your "voicemail box has not been set up". Is your phone working ok?

Take care

Pete

From: Michael Newton

Sent: Thursday, October 24, 2013 12:45 AM

To: hypnonoon@aol.com ; Jonathan York ; Paul@HolisticHealingCenter.com ; peter.smith@westnet.com.au ; faith.grieger

Subject: Hypnosis with children and adolescents

Dear Board Members:

I am sure you have read the recent e-mails regarding PLs and LBLs with children and adolescents. Frankly, I am very concerned with lawsuits and damage our members might incur working with young people. Would it be possible to discuss this at the next board meeting and perhaps come up with a general policy?

Here is the basic problem as I see it. The majority of our members are not licensed psychotherapists nor even psychologically oriented clinicians. They are not trained for this kind of work, especially with children. I don't worry so much about people like Dorothea because her psychological training is recognized in Germany and she has a great deal of professional experience but how about someone like Nancy H. working with 9 year olds! Our new members have every right to be cautious and I think they need some TNI guidelines in this area.

Although qualified, I never worked with anyone under 18 in both PL and LBL and did my best to avoid anyone under 21. Past Life regression is one thing but an LBL is another. I don't think anyone under 18 should be given an LBL. I know I'm conservative but let's look at the issues here. Having a parent in the room should be mandatory for anyone underage but this can be counterproductive because the child has the awareness that his or her mother is listening and thus we have the problem of conscious interference.

Here are some basic concerns. Counseling children and adolescents takes a special skill and counselors in this area take a long time to both prepare the family and the young person. What are the home circumstances? Is there tension, abuse, or other family issues causing anxiety, depression or psychopathological conditions that must be explored before any hypnosis session should take place. Has there been a lengthy period for the therapist to develop trust and rapport? Reading between the lines of recent e-mails from our people on this subject I wonder just how much advanced preparation time has there been regarding the young person's feelings, beliefs and expectations. What is the underlying motivation for change? With regard to teenagers who are struggling for both development and mastery of Self, how much pre-induction time has been spent exploring low self-esteem and their view of reality. I am not so concerned about imagery and progressive relaxation doing harm but what about the next stage of inquiry? And, what about the proper integration of information after the hypnosis experience? Depending upon their academic background, I think some of our members are playing with fire.

I believe that we should have a general policy in this area that will mitigate the damage a lawsuit could do to TNI because we have no guidelines in working with under- age people. Most of our members probably have no idea of the ego-strength of the young person who comes to them especially on a one time basis and what if they are suffering from a borderline personality disorder or even undiagnosed psychosis?

These e-mails have bothered me but I thought it best not to respond until our board had time to review such practices and come up with recommendations. Am I out of line here?

Regards.....Michael

Peggy Newton

From: Michael Newton [michaelnewton@suddenlink.net]
Sent: Thursday, October 24, 2013 8:13 AM
To: spiritualregression@yahoogroups.com
Subject: The criteria of age with PL and LBL clients

Dear Jennifer:

I am very glad our President has written you on e-group to explain his position and to comment on your own regarding your concerns with doing PL on a 13 year old. You have also received very informative replies from some of our other members on their own case experience. I very much would like to add my own thoughts to the issue you raised.

You mentioned in your e-mail that you hesitated to work with the 13 year old potential client because you were worried that they might experience trauma from the session. The fact that you have been a school psychologist who has worked a great deal with children is the reason you hesitated. You did so because you are knowledgeable about the fragile nature of the young. I worry about some of our members who might jump into a situation that will not be handled well because they are not so knowledgeable but simply want to help a family. Counseling children and even adolescents does take special psychological skills. What are the home circumstances? Is there tension, abuse or other family issues causing anxiety, depression, or psychopathological conditions that should be explored before any hypnosis takes place? How much advanced preparation time has taken place regarding the young person's feelings, beliefs and expectations? Teenagers, for example, often are struggling for both development and mastery of Self. Has this been explored adequately before the hypnosis session?

Of course the bottom line, Jennifer, is your gut feeling about taking on children or adolescents and if you feel you are both academically qualified as well as having the experience needed for hypnosis itself. If you are uncomfortable in either area then maybe it is best to put this kind of therapy on hold. Go with your intuition.

I had a long talk with Pete last night on this whole issue and he reminded me that as far as the public is concerned we have little control over past life regression of any age group because of the long history of this form of therapy around the world and the great numbers of hypnotherapists who practice PLR. We can only recommend caution to our members. However, this is not true with LBL. Life between lives regression is our specialty and it is still rather new to the world. Here we have the right to suggest guidelines here because we have the only large organization devoted to LBL hypnosis therapy training. This form of hypnosis is more complicated and when it comes to the age of LBL clients I recommend that the best results in working with the soul come with people over 30 and under 70. Most younger people have not yet come to the karmic crossroads for conscious decision making in terms of destiny in their life. I found that many people in their 20s did not yet have enough inner growth and wisdom for an LBL. At the other end of the age spectrum, the elderly may have

Peggy Newton

From: spiritualregression@yahoogroups.com on behalf of Michael Newton
[michaelnewton@suddenlink.net]
Sent: Friday, October 25, 2013 7:24 AM
To: spiritualregression@yahoogroups.com
Subject: RE: [spiritualregression] RE: The criteria of age with PL and LBL clients

Dear Billy:

I was glad to receive your post because I should have mentioned that in my criteria of age piece that there are no absolutes. A 70 year old could be very young in spirit, energy and curiosity while another 60 year old might be aged beyond his years and seem like he is in his 70s. The same is true for people in their 20s. Some are very mature and more advanced than the average. It is always a judgment call but I felt that guidelines are important in the work we do. I learned early on in my practice that typically the young and the old do not make the best LBL clients. Past Life Regression is another matter.

Best wishes.....Michael

From: spiritualregression@yahoogroups.com [mailto:spiritualregression@yahoogroups.com] **On Behalf Of** billyh@lisco.com
Sent: Thursday, October 24, 2013 4:05 PM
To: spiritualregression@yahoogroups.com
Subject: [spiritualregression] RE: The criteria of age with PL and LBL clients

Dear Michael,

As a newly ordained (less than a year) LBL Therapist, I am aware there is much to experience and learn, with LBL being, for me, an ultimate personal experience for a client. To hold such a session requires significant client preparation. A basic tenet of my practice now is that transpersonal hypnotherapy session(s) and not only a PLR regression session, prior to the LBL, are frequently necessary in order for the client to be mentally and spiritually ready to have the full experience of an LBL session.

Your post hit me in several unexpected ways. First having the required academic or experiential preparation/skillset appears critical, along with the primary requirement of having good chemistry with a client. I appreciate the ticklist you generated (e.g., "is there tension, abuse or other family issues causing anxiety, depression, or psychopathological conditions that should be explored before any hypnosis takes place?") I believe

10/25/2013