

SUMMARY OF MY CONCERNS ABOUT SPIRITUAL ATTACHMENT “THERAPY.”

This is an issue that I have written and talked about extensively in the past. This paper is a collection of the most relevant ideas I have covered about Spiritual Attachment and should also be combined with what I have written in my LBL Hypnotherapy textbook on Page 71.

It is disturbing to me that some TNI certified members are still attracted to this superstitious nonsense that includes evil, demonic and “dark forces” as malevolent entities from the spirit world. Our more grounded members have joined me in stating on e-group that “dark scary entities” that might appear in the distance during reports from a very few clients in the early stages of LBL hypnotherapy represent personifications or archetypes of the client’s personal history as a soul. Metaphoric scenarios, such as a guide hovering in the distance who is not recognized right away may feed into some fear the client had before the session began. Often, a “scary vision” may also be symbolic of something karmically significant for the soul in the past life just ended when the vision is seen. An example of this condition is: Case 18, Page 80, in *Destiny of Souls*.

We have had members who have bought into the negative side of spiritual releasement theory, especially as this relates to exorcism. Two writers in the past have made a profitable cottage industry out of this fear-based religious dogma from the Middle Ages. William and Judith Baldwin were two Christian fundamentalist ministers from Florida who ran a religious counseling center about the steps needed for “spiritual cleansing.”

Essentially, the Baldwin’s developed three classes of discarnate entities that they stated “attached” themselves to incarnated humans. All were considered dangerous but at least the first two situations have some elements of truth—although rare-- while the third is totally fictional.

- 1) Interfering souls of people who have not gone into the light back to the spirit world (or at least part of their energy has not). Rather, they remain in earth’s astral plane such as ghosts. These disturbed earth-bound souls (who often seem lost or very sad) appear to have unfinished business such as being murdered in a life just ended or they are concerned about a loved one left behind who is in trouble, or simply an underdeveloped soul who is a nuisance. The reason the latter is so uncommon is that most spirit guides don’t let this happen, at least not for long before they take them by the hand and bring them into the light deeper into the spirit world.
- 2) Earth attracted terrestrial beings. These entities have never incarnated on earth. While this is very rare occurrence, they can interfere with people on occasion. I describe these non-malevolent “tourists” on Page 69 under, *Discarnates Who Visit Earth*, in *Destiny of Souls*. They may be curious and even a bit mischievous but they are not demons.

3) Dark, evil demonic entities that are here to steal the souls of people as “walk-in’s” or even when human’s are in an unguarded trance, or meditative state. The idea here is that these malevolent beings are going to try and attach themselves to the mind of a human being with the intent of possession or destruction of the soul. It is absolute bunk and in my opinion those who practice “the spiritual cleansing or release of demonic attachments” are quacks. They profit from fear-based people in our society. The spirit world I know would not permit such a thing.

I suspect that such practitioners of “the dark arts” can be religious zealots or simply fearful people themselves. They look for negativity and find it in their own minds and then transmit their psychologically disturbed mentality to vulnerable people who come under their influence. They are unskilled in proper hypnosis methodology and even their experience in past life therapy does not qualify them in understanding LBL. They do not truly know the spirit world, a place of love, compassion and kindness. Some, however, are successful people with a love of power (and money) and are attracted to the field of hypnosis that they want to use for their own ends. These people lack morality.

It has been wisely said that spirit attachments are fragments of one’s own self that need to be integrated into one whole self for healing. The merging of the two ego’s of brain and soul are what we call spiritual integration. By suppressing aspects of the self, we can create a phenomenon that resembles possession. The unhealed self can perceive evil entities who are attacking their minds and many belong in the offices of mental health professionals first before that of the hypnotherapist.

On Page 45 of my LBL Hypnotherapy text just before deep regression, I used to ask the client to visualize, “a golden protective bubble against all outside forces....”. This instruction was intended to counter the client’s own negative pre-conditioning that could include a fearful belief system. Sometimes when a subject felt as though a second entity was with them we found that this was a memory of a former body personality in a past life. I always tried to recommend that LBL students look for a conflict between the unconscious soul mind with that of the conscious ego that in combination make up the human personality. If the potential LBL client has depression and feelings of helplessness to control events in their lives, I see these as psychological red flags.

Michael Newton

SPIRIT ATTACHMENTS AND SOUL RETRIEVAL THEORIES

I THINK IT IS IMPORTANT TO TAKE A FEW MINUTES TO TALK ABOUT AN ISSUE THAT YOU MAY ENCOUNTER IN YOUR LBL PRACTICE IN FUTURE.

IN OUR TRAVELS TO TRAIN STUDENTS IN LBL WE HAVE FOUND, ESPECIALLY IN SOME EUROPEAN COUNTRIES, THAT THERE ARE HYPNOSIS PRACTITIONERS WHO ARE FEARFUL ABOUT EVIL DEMONIC SPIRITS, MANEVOLENT DISCARNATES AND ASSORTED LOST SOULS WHO CAN ATTACH THEMSELVES TO HUMANS—ESPECIALLY THOSE IN HYPNOSIS—AND CAUSE SEVERE DAMAGE TO THE HUMAN PSYCHE.

THE FEAR IS THAT A SUBJECT IN HYPNOSIS, EVEN IN A SHALLOW ALPHA STATE OF MEDITATION, HAS REMOVED THEIR MENTAL PROTECTION AGAINST DISCARNATES WHO CAN THEN INTERFERE WITH THEIR DAILY LIVES, SOMETIMES TO A DISABLING DEGREE.

THERE ARE A NUMBER OF PRACTICING PAST LIFE THERAPISTS WHO HAVE BEEN TRAINED BY SUCH PEOPLE AS ROGER WOOLGER AND HANS TEN DAM WHO BELIEVE THAT SOULS WHO DON'T KNOW THEY ARE DEAD TRY TO CONTINUE TO LIVE BY ALIGNING THEMSELVES WITH AN UNSUSPECTING LIVING PERSON—ESPECIALLY THOSE IN AN ALTERED STATE WHEN THEIR DEFENSES ARE DOWN. THIS IS SPIRIT ATTACHMENT.

IN SOUL RETRIEVAL—IT IS TAUGHT THAT ONLY SOME OF OUR PAST LIVES RESULT IN A SUCCESSFUL RETURN OF OUR COMPLETE SOUL ENERGY TO THE SPIRIT WORLD, ESPECIALLY IF A SOUL IS FEARFUL AT THE MOMENT OF DEATH. NOW WE HAVE AN EARTHBOUND FRAGMENT AND THAT THIS PART OF A SOUL FRAGMENT STAYS STUCK IN TIME, SEPARATED FROM THE REST OF ITSELF IN ORDER TO SURVIVE ITSELF AND INSURE SURVIVAL OF THE PART THAT GOES TO THE SPIRIT WORLD.

FROM ALL MY YEARS OF RESEARCH WITH THOUSANDS OF CASES I HAVE COME TO BELIEVE THAT SOUL ATTACHMENTS AND SOUL RETRIEVAL IS JUST SUPERSTITIOUS NONSENSE. IT IS FEAR-BASED AND I SUSPECT HAS ITS ORIGINS IN CHURCH DOGMA FROM THE MIDDLE AGES WHERE THEOLOGIANS PREACHED THAT DEMONIC SPIRITS WERE ALWAYS READY TO CARRY THE SINNERS SOUL OFF TO HELL AT DEATH.

WHAT PARTICULARLY WORRIES ME IS THAT PROFESSIONAL HYPNOTHERAPISTS WHO ADHERE TO THIS DAMAGING PHILOSOPHY FEEL THEY MUST USE “SPIRITUAL CLEARING” TECHNIQUES AND AN AFFECT BRIDGE DURING A SHORT INDUCTION WITH NO VISUALIZATION TO PREPARE CLIENTS TO COUNTER SUCH MANOLVENT SPIRITS. THE KIND OF

3

THERE ARE DISTURBED PEOPLE WHO ARE UNPREPARED FOR EXPERIENCE IN THE SACRED REALMS. WE DON'T TAKE MENTALLY ILL CLIENTS FOR A REASON. THEY NEED LONG TERM PSYCHIATRIC CARE NOT AN LBL. ALTERED STATE FOR THE DISTURBED MIND CAN MEAN POSITIVE EGO DISINTEGRATION. IT IS PROBABLE THEY ARE ALREADY PRE-DISPOSED TO BEING "POSSESSED" BY EVIL SPIRITS WHO ARE OUT TO DO THEM HARM. BY UNDERGOING HYPNOSIS THEY ARE VERY SUSCEPTABLE TO THE IDEA THAT THESE SPIRITS ARE OUT TO "STEAL THEIR EGO" PERHAPS TO TAKE THEM TO HELL WHILE THEY ARE STILL ALIVE.

FOR MOST THE POPULATION THE EXPERIENCE OF CONNECTING WITH THE IMMORTAL SOUL IS LIBERATING AND ENLIGHTENING BUT FOR THOSE WITH ABNORMAL PSYCHOLOGICAL PROBLEMS—OFTEN STEMMING FROM CHILDHOOD ISSUES—THEY MAY FEEL THEIR INDIVIDUAL IDENTITY IS BEING REPRESSED. RELEASING THESE CONSCIOUS BLOCKS FOR THE MENTALLY ILL MAY CAUSE A RANGE OF EMOTIONS FROM HIGH ANXIETY TO PANIC ATTACKS IN YOUR OFFICE. THUS, ADVANCE PSYCHOLOGICAL SCREENING IS ESSENTIAL IN YOUR LBL WORK.

MICHAEL NEWTON

PROGRESSIVE RELAXATION AND VISUALIZATIONS AND SHIELDING YOU WILL FIND IN YOUR TEXT ON PAGES 38-45 ARE NOT USED.

LET ME GIVE YOU AN EXAMPLE: AT THE TOP OF PAGE 45 IN OUR TEXT YOU WILL SEE WE SUGGEST THE SUBJECT VISUALIZE A POWERFUL, GOLDEN BUBBLE OF LIGHT SURROUNDING THEM. ONE PERSON WHO ADHERES TO THE SPIRIT ATTACHMENT THEORY SAID: "THAT'S NOT GOOD ENOUGH BECAUSE WE MAY BE PROTECTING AN ATTACHMENT WITHIN OUR BUBBLE OF GOLDEN LIGHT!"

I HAVE A MAJOR CONCERN THAT SUCH THERAPISTS TRANSFER THEIR OWN FEARS TO THAT OF THE SUBJECT. DR. WINAFRED LUCAS IN HER CLASSIC BOOK ON REGRESSION THERAPY POINTS OUT THE FOLLOWING: " WHILE WORKING IN ALTERED STATES, SUBJECTS SENSE THE FEELINGS OF THE THERAPIST TO A HIGHLY INTUITIVE DEGREE. IF A THERAPIST DOES NOT EXAMINE HIS OR HER OWN FEARS AND INTERNAL BLIND SPOTS (including superstitious preconceptions) THESE CAN BE MENTALLY TRANSFERED TO THE CLIENT. "

WE ALL KNOW THAT MOST CLIENTS HAVE A BETA LEVEL OF CONSCIOUS AWARENESS AS A SELF PROTECTIVE RESISTANCE MECHANISM THROUGHOUT THE SESSION. HOWEVER, SOME SUBJECTS ALLOW FOR A BLENDING OF VIBRATIONAL WAVE PATTERNS OF THOUGHT BETWEEN THEMSELVES AND THE BELIEF SYSTEM OF THE THERAPIST. THIS IS WHAT I WORRY ABOUT WITH FEAR BASED DOGMA. WE CAN SET THE CLIENT UP OUR OWN EXPECTATIONS. POSITIVE PROGRAMMING IS A GOOD THING ABOUT LOVE AND UNDERSTANDING IN THE SPIRIT WORLD BUT WHEN THAT PROGRAMMING IS NEGATIVE IT CAN INVITE FEAR.

IN CHAPTER THREE, OF DESTINY OF SOULS AND AGAIN ON PAGES 70 -71 IN LIFE BETWEEN LIVES HYPNOTHERAPY I DISCUSS THE ISSUE OF SPIRITS, PARTICULARLY GHOSTS. I STATE THAT ALTHOUGH WE MAY CALL GHOSTS 'LOST' IN THAT THEY MAY HAVE UNFINISHED BUSINESS IN EVENTS SURROUNDING A PARTICULAR PLACE—THEY ARE NOT LOST IN THE SPIRIT WORLD WHERE NO GUIDES CAN FIND THEM. ALSO, THERE ARE SOULS WHO JUST SEEK SOLITUDE AND A TIME FOR REFLECTION RIGHT AFTER DEATH. THERE ARE ALSO VERY YOUNG SOULS WHO ARE LIKE MISCHIEVOUS CHILDREN WHO LIKE TO PLAY PRANKS ON GULLIBLE OR SUPERSTICIOUS PEOPLE. ENCOUNTERING GHOSTS AND CHILDISH SOULS ARE VERY UNCOMMON IN LBL's.

I WOULD LIKE TO CLOSE BY STATING THE MOST IMPORTANT THING YOU CAN DO REGARDING THIS WHOLE SUBJECT OF DEMONIC SPIRITS IS TO SCREEN YOUR CLIENTS FOR THEIR SUPERSTITIOUS FEARS IN ADVANCE. QUITE OFTEN SUCH FEARS CAN BE FOUND IN MENTAL ILLNESS.

Peggy Newton

From: "Michael Newton" <michaelnewton@ncws.com>
To: <spiritualregression@yahoogroups.com>
Sent: Tuesday, February 06, 2007 7:41 PM
Subject: Re: [spiritualregression] Re: Possible Simultaneous
 Dear Jonathan:

Well, you have opened the door again to a controversial topic that came our way a couple of months ago regarding spirit attachments, releasement and soul retrieval theories. In the time between then and now I have received a number of messages and even a couple of personal phone calls about the fact that I was too accommodating in my responses to this subject in an effort to not insult anyone or create hard feelings. I was told flatly that as the founder of our methodology I should stop beating about the bush and express my opinion in a clear manner.

Jonathan, in my opinion, you could not have received a better e-mail response than the one sent to you by Jimmy. In fact, I feel it would be a good thing for Jimmy and I and others on our staff to explain our positions on this subject at future TNI training programs. We are definitely not fans of Roger Woolger or Hans Ten Dam on this issue. In all my years of research with thousands of cases during decades of work I have not seen one shred of evidence to support these negative theories.

*PNE-CONCERNING
1-5-07*

I believe that spirit attachment and the need for soul releasement is fear-based, superstitious nonsense. It got a big boost from the Middle Ages with church dogma where theologians preached that demonic spirits were always ready to carry a sinner's soul off to hell at the moment of death. What particularly worries me is that professional hypnotherapists who adhere to this damaging philosophy feel they must use "spiritual clearing" techniques and an affect bridge during inductions to prepare clients to counter all malevolent spirits. There is a big difference between the unhappy lost souls we sometimes find in between life therapy and the malevolent, evil spirits just waiting to attach themselves to a soul's psyche (possession) during and following hypnosis induction. In soul retrieval it is taught that only some of our past lives result in a successful return of our complete soul, especially those who fearful at the moment of death. But here is the really bad part. Now, we have an earthbound "fragment" and this part of soul energy stays stuck in time, separated from the rest of itself in order to survive itself and insure survival of that part that goes to the spirit world. I don't know how such a half-baked theory ever got started but those who deal in fear love it! How can practitioners believe in this and also in loving personal spirit guides?

I have been asked that as long as I feel the way I do, how could I have placed a final hypnosis instruction at the top of Page 45 in Life Between Lives Hypnotherapy regarding a bubble or shield of golden light around the client to protect against all outside forces. This statement is largely for the client to counter their own preconceptions and a possible fearful belief system towards the unknown. This is why I also mention, "negative memories of the past (especially from an abusive childhood) will bounce harmlessly off this shield of light." My feeling about this issue are clearly expressed to LBL trainees on Page 71 of my text.

The spirit world is a place of love and kindness and is not inhabited by evil demonic forces prone to violence against souls. Pacifying malevolent spiritual entities to "protect" a client is simply old-fashioned sorcery. It ties in with magic, exorcists and--yes--shamans. I feel that therapists who are attracted to such theories have a psychological need to demonstrate personal power to the client. "Trust in me, I can help you get rid of the evil that can attach to

2/13/2007

your soul if only you will place your faith in me and my capable hands." This kind of thing fills a conscious or unconscious need on the part of such therapists who need to feel that they are healers of powerful significance. Frankly, I think it is unethical, especially with clients who have mental disturbances and/or preconceptions about a spiritual "dark side."

There is a second aspect to practitioners who engage in promoting fear with malevolent attachments. They may actually be trying to protect themselves from their own fears and following these folk superstitions gives them a narrow way to engage in a practice crucial to their own belief system. It has been said (and I have mentioned this before) that while working in altered states, subjects sense the feelings of the therapist to a highly intuitive degree which can be mentally transferred to a client. Most clients will shake off such nonsense (discarnates are like vampires seeking blood) as just being part of the session, but others are too susceptible to such concepts to think objectively.

Our Director of Education once wisely said the following: "A fear-based philosophy is body-based and not true to the soul's true reality. By suppressing aspects of the Self we can create a phenomenon that resembles possession and attachment-like scenarios. Aspects of the unhealed self can then become like living entities in themselves when all the while they are simply unintegrated parts of Self." Others in our teaching group have made similar comments. As I have remarked before, there are mentally disturbed people who are unprepared for the experience of the sacred realms. Such people need long-term care from a licensed health professional not LBL therapy.

For most of the population the experience of connecting with their immortal soul is liberating and enlightening and it really galls me that this beautiful spiritual experience should be sullied by introducing fear into our work. As long as I am around I will fight against these practices and I hope that most of those that follow after me will do the same. Let's keep Hollywood out of our work.

Michael

To:

Sent: Tuesday, February 06, 2007 12:13 PM

Subject: RE: [spiritualregression] Re: Possible Simultaneous Incarnations?

Get inspired
by a good cause.

easy 1-click
access
to your groups.

2/13/2007